

TERMO SLIM BODY SHAPER EXCELLENS 4000

Professional 3-in-1 aesthetic device: sequential pressotherapy, infrared heat and muscle stimulation — Model IDMRTSE4



Sequential pressotherapy

10 air chambers · 3
modes · 5 speeds ·
adjustable pressure



Infrared heat

5 heating zones · 8
intensity levels



Electrostimulation

5 independent
outputs · 5
programmes · 8 levels



Full-body blanket

Feet · legs · waist ·
arms, with
independent
modules

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TERMO SLIM BODY SHAPER EXCELLENS 4000 · Instructions manual

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01 GENERAL INFORMATION

The TERMO SLIM BODY SHAPER EXCELLENS (certified model IDMRSE4) is a professional 3-in-1 device combining sequential air-chamber pressotherapy, infrared heat and low-frequency muscle stimulation (passive gymnastics) in a single platform with a complete body textile set. The console carries the manufacturing reference IB-8108.

Description of the equipment

The system consists of a main unit on castors with an analogue control console and a body blanket with independent modules for feet, legs, waist and arms. The unit manages three technologies that can be applied together or independently:

- **Pressotherapy:** 10 pressurised air outputs (chambers 0 to 9) with three filling modes, five speeds and adjustable pressure intensity.
- **Infrared heat:** five heating zones (arms, waist and legs) with eight intensity levels.
- **Electrostimulation:** five independent outputs with patch electrodes, five pre-set programmes and eight intensity levels.

Intended use and users

The equipment is intended for beauty and wellness professionals working in the treatment room (beauty salons, spas, physio-aesthetics). It must be used exclusively by personnel trained in its operation, after reading this manual in full. It is not intended for domestic use without professional supervision. The TERMO SLIM BODY SHAPER EXCELLENS 4000 has an exclusively aesthetic and wellness purpose: it is not a medical device and is not intended to prevent, diagnose or treat any pathology.

NOTE

This equipment does not replace the assessment of a healthcare professional. In the event of any pathology, ongoing medical treatment or doubt about the suitability of the treatment, obtain prior medical authorisation before applying any of the functions.

Symbols used in this manual

Three warning levels are used throughout this document. Observe them at all times:

SYMBOL	MEANING
DANGER	Risk to personal safety or of serious damage to the equipment. Failure to comply may result in injury.
CAUTION	Situation that may compromise the result of the treatment or the service life of the equipment.
NOTE	Additional information or good-practice recommendation.

02 OPERATING PRINCIPLES

2.1 Aesthetic pressotherapy

Pressotherapy is a professional beauty technique based on controlled pneumatic compression. The body blanket incorporates independent air chambers that inflate and deflate following programmed compression and decompression cycles: the pressure advances in an orderly sequence from the areas furthest from the trunk (the feet) towards the waist, or in reverse, depending on the selected mode.

This sequential compression massage activates return circulation and encourages the movement of retained fluids, which translates into an immediate feeling of lightness, especially in the legs. The pressure, the filling speed and the path of the chambers are adjustable, so the intensity of the massage adapts to each client's sensitivity and objective.

In the treatment room, pressotherapy is used for exclusively aesthetic and wellness purposes: the feeling of tired legs, occasional fluid retention, support for anti-cellulite and body-contouring programmes, and as a complement that enhances the result of other body treatments and of the cosmetics applied.

2.2 Infrared heat

The infrared emitters built into the blanket provide gentle, controlled heat that penetrates the tissue, raises the local temperature and accelerates blood circulation and local metabolism. The heat relieves muscle tension, relaxes the muscles and enhances the absorption of the cosmetic products applied during the treatment.

2.3 Low-frequency electrostimulation

The principle of electrostimulation is simple and respects the natural functioning of the body: the low-frequency electrical impulses reproduce the signal that the brain sends through the nerve fibres when it orders a contraction. The muscle does not distinguish between a voluntary contraction and one induced by the equipment — the work performed is the same — which is why this technique is known as passive gymnastics.

Applied through patch electrodes on the correct points, the contraction and relaxation sequences tone the muscles, activate the treated area and support body-contouring and firming programmes, performing especially well on thighs, buttocks, abdomen and arms.

During the session, the client feels a slight tingling accompanied by the contraction of the muscle. At gentle levels the sensation is barely noticeable; in toning programmes the contraction is more marked, always within the comfort range indicated by the client.

2.4 Combined effects

- **Body contouring:** the combination of sequential pressure, heat and passive muscle work is oriented towards volume-reduction programmes and improving the appearance of cellulite.
- **Firming:** stimulation of the sensory endings of the epidermis contributes to a smoother, more elastic appearance of the skin.
- **Relaxation and wellbeing:** the air massage and infrared heat release the muscles and provide an overall feeling of rest and light legs.

- **Synergy with cosmetics:** heat and the activation of the area enhance the performance of the products applied before the session.

03 AESTHETIC APPLICATIONS

The TERMO SLIM BODY SHAPER EXCELLENS 4000 has been designed for use in the treatment room for exclusively aesthetic and wellness purposes. Its main applications are:

- Feeling of tired, heavy legs after the working day
- Occasional fluid retention
- Improving the appearance of cellulite and orange-peel skin
- Body-contouring and volume-reduction programmes
- Firming and improving the overall appearance of the skin
- Muscle toning through passive gymnastics
- Feeling of lightness and rest in the legs
- Preparation and closing of other aesthetic body treatments
- Better performance of the cosmetics applied in the treatment room
- Relaxation and general wellbeing

NOTE

This equipment is not a medical device and is not intended for the prevention, diagnosis or treatment of any pathology. If the client has any health condition, is pregnant or is undergoing medical treatment, assessment by a healthcare professional is required before receiving the session (see the contraindications in section 4).

04 CONTRAINDICATIONS

DANGER

Do not apply the treatment to any person included in the following cases. In case of the slightest doubt, request a written medical report or authorisation before the first session.

4.1 Absolute contraindications

- Recent thrombophlebitis or phlebothrombosis (deep vein thrombosis)
- Severe or tortuous varicose veins
- Active skin infections in the treatment area
- Lymphangitis
- Inflammatory arthritis in the acute phase
- Cardiocirculatory decompensation
- Significant uncontrolled blood-pressure disorders
- Recent myocardial infarction
- Neoplasms (active oncological processes, unless expressly indicated by a doctor)
- Severe cardiac, respiratory or renal insufficiency
- Acute inflammation and febrile or infectious processes
- Pregnancy
- Open wounds, burns, dermatitis or skin lesions in the area
- Severe peripheral arterial insufficiency

4.2 Relative contraindications

These require individual assessment and, where appropriate, prior medical authorisation; apply reduced intensities and continuous supervision:

- Persons under medical treatment or undergoing diagnosis
- Diabetes with neuropathy or altered sensitivity
- Altered skin or thermal sensitivity
- Abdominal or inguinal hernias (avoid abdominal pressure)
- Menstruation (avoid the abdominal programme if it causes discomfort)
- Post-operative periods without final medical discharge
- Significant capillary fragility or tendency to bruising
- Advanced age with associated circulatory pathology

4.3 Specific to electrostimulation

- Wearers of pacemakers, defibrillators or other implanted electronic devices: **prohibited**
- Epilepsy
- Do not apply electrodes on the thorax, the cardiac area, the breasts, the neck (carotid sinus, larynx) or the head
- Do not apply over areas with metal implants (osteosynthesis, prostheses) located under the electrodes
- Do not apply on the abdomen in case of hernia or recent abdominal surgery

- Irritated or injured skin, or skin with altered sensitivity at the patch placement point

4.4 Specific to infrared heat

- Clients with circulatory problems: the use of this function is not recommended
- Altered thermal sensitivity (risk of burns without perceiving excessive heat)
- Photosensitivity or photosensitising medication: assess and reduce intensity
- Do not apply heat to areas with acute inflammation, infectious processes or recent trauma

05 SAFETY RULES

5.1 Electrical safety

- Connect the equipment only to an earthed socket whose voltage matches that indicated in the specifications (AC 110–220 V).
- Do not dismantle the equipment or carry out any operation not indicated in these instructions. All repairs must be performed by authorised technical personnel.
- Do not use the equipment near water or with wet hands. Do not pour liquids onto the unit or the console.
- Do not modify or alter the cables. Do not place the equipment where someone may step on the power cable.
- Do not insert any object into the equipment: risk of fire or electric shock. If something accidentally enters the unit, unplug it and contact the technical service immediately.
- Remove the power cable from the socket at the end of the working day.
- Place the equipment on a stable surface so that it cannot be damaged or tip over.

DANGER

Immediately remove the plug from the electrical socket if any of the following situations occurs:

- The equipment has got wet.
 - The equipment smells of burning or makes a strange noise.
 - The cable is broken or deteriorated.
 - The equipment shows breakage or visible damage.
-

5.2 Safety during use

- Always take the client's history beforehand and rule out all the contraindications in section 4.
- Always adjust the intensities from low to high, according to the sensations reported by the client. The treatment must never be painful.
- Keep constant communication with the client throughout the session, especially to check the infrared temperature.
- Do not leave the client unsupervised during the treatment.
- Keep the functions not used in the session paused.
- With the infrared function, do not select high intensities for prolonged periods: everyone's skin is different and there is a risk of burns.

5.3 Hygiene

- Always use disposable cellulose trousers specific to this type of treatment, for each client.
- If you use non-disposable consumables, sterilise them correctly between clients.

- Clean and disinfect the electrodes and the blanket surfaces after each session (see section 13).

06 DESCRIPTION OF THE EQUIPMENT

6.1 Control panel

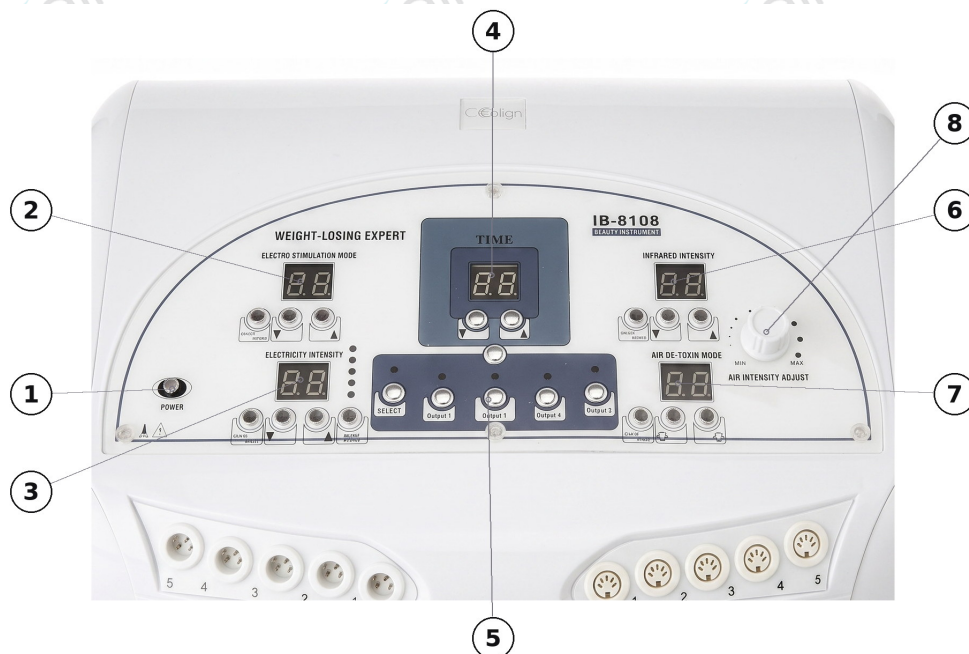


FIGURE 01 Functional areas of the IB-8108 control console.

- | | |
|---|---|
| <p>① Main power switch of the console</p> <p>② Muscle stimulation: mode display and selection of the working programme</p> <p>③ Muscle stimulation: intensity display, adjustment buttons and output selector</p> <p>④ Working time: display and adjustment</p> | <p>⑤ General start and stop, and selection of the five body outputs</p> <p>⑥ Far infrared: intensity display and level adjustment</p> <p>⑦ Pressotherapy: inflation mode display, start and stop, and speed</p> <p>⑧ Wheel for adjusting the air pressure intensity</p> |
|---|---|

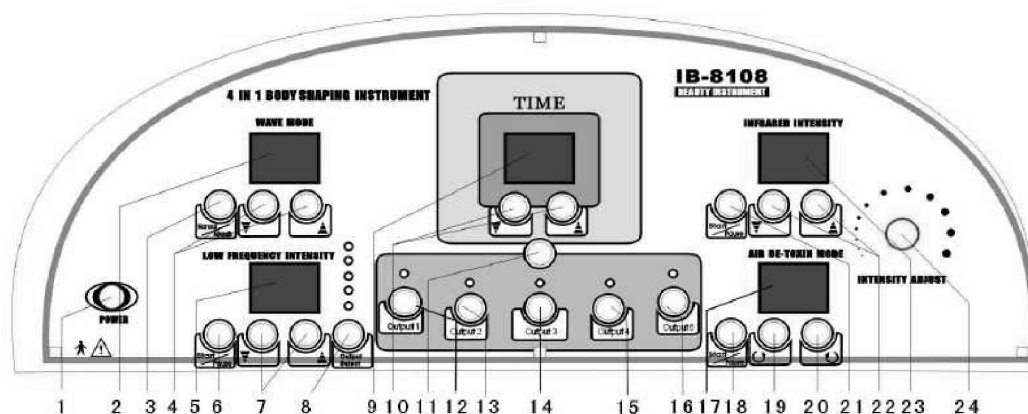


FIGURE 02 IB-8108 control console with the elements numbered 1 to 24.

- | | |
|--|--|
| ① Power on | ⑬ Right-arm output button |
| ② Electrostimulation working-mode display | ⑭ Waist output button |
| ③ Manual / automatic mode selection for electrostimulation | ⑮ Left-leg output button |
| ④ Electrostimulation working-programme selection | ⑯ Right-leg output button |
| ⑤ Electrostimulation intensity display | ⑰ Pressotherapy working-programme display |
| ⑥ Electrostimulation on/off selector | ⑱ Start/stop of the pressotherapy function |
| ⑦ Electrostimulation intensity adjustment buttons | ⑲ Air-filling mode selection |
| ⑧ Selector for each of the 5 electrostimulation outputs | ⑳ Filling-speed (frequency) adjustment |
| ⑨ Working-time display | ㉑ Start/stop of the infrared function |
| ⑩ Working-time adjustment | ㉒ Infrared heat intensity adjustment |
| ⑪ Start/stop button for the general operation of the machine | ㉓ Infrared display |
| ⑫ Left-arm output button | ㉔ Air-pressure intensity adjustment dial |

6.2 Front and rear connections



FIGURE 03 Front connectors: five muscle stimulation outputs and five infrared outputs, numbered 1 to 5.

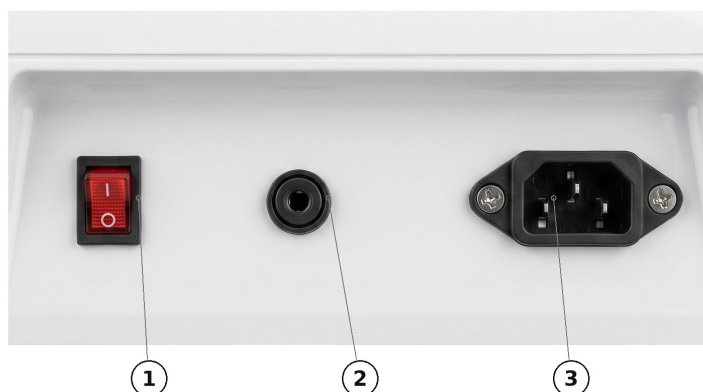


FIGURE 04 Rear of the unit with the items numbered 1 to 3.

- ① Main power switch
- ② Fuse holder
- ③ Mains socket for the power cable

- **Front:** numbered pressurised-air and infrared-heating outputs, and connectors for the 5 electrostimulation outputs.
- **Rear:** mains socket, fuse holder and main power switch.

6.3 Pressotherapy blanket and accessories

The body blanket consists of independent modules connected to the unit by numbered air tubes and infrared connectors:



FIGURE 05 Modular suit laid out: each chamber has its number printed with the prefix L or R according to the side of the body.

MODULE	PRESSURISED-AIR OUTPUT	INFRARED OUTPUT
Arm attachment	8 / 9	1 / 2
Waist attachment	6 / 7	3
Leg attachments	2 / 3 / 4 / 5	4 / 5
Feet attachment	0 / 1	—
Base blanket	—	—
Organiser bag for tubes and cables	—	—



FIGURE 06 Arm · chambers 8 and 9



FIGURE 07 Leg · chambers 2, 3, 4 and 5



FIGURE 08 Waist · chambers 6 and 7



FIGURE 09 Foot boot · chambers 0 and 1



FIGURE 10 Base blanket for the couch with the built-in bag that gathers the tubes and cables.

Each chamber has its number printed with the prefix L or R to identify the left and right sides of the body (L-0 to L-9 and R-0 to R-9): the complete set adds up to 20 air chambers, ten on each side. The tubes are grouped into three multiple connectors numbered 1, 2 and 3, and the modules that include heating add their infrared cable numbered 1 to 5.

6.4 Contents of the set

The device is supplied with the following items:

- 1 main unit with control console
- 1 body textile working set
- 2 arm sleeves
- 1 belt for abdomen and buttocks
- 2 adjustable leg pieces
- 2 foot boots
- 1 base blanket
- 1 protective bag for organising the hoses
- 5 pad cables for muscle stimulation
- 10 large electrodes and 6 small electrodes
- 1 set of elastic retaining straps
- 1 power cable and 2 spare fuses
- 1 instruction manual



FIGURE 11 Main unit and complete set of suit modules.

07 INSTALLATION AND CONNECTION

7.1 Positioning the equipment

- Place the unit on a stable, level surface, close to the couch and to an earthed socket.
- Leave free space around the equipment for ventilation and for routing the tubes without tension or being stepped on.
- Avoid damp environments, proximity to water sources and direct sunlight.

7.2 Connecting the air tubes

Connect each air tube to the output with the correct number: all cables and tubes are numbered accordingly to ensure correct assembly (chambers 0–9 depending on the module, see the table in section 6.3). Press the connector until it clicks into place. To remove it, press the blue point on the connector and pull gently.

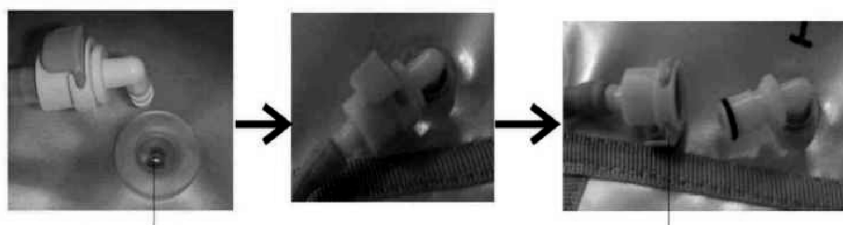


FIGURE 12 Air-pressure connection: connect here; to release, press the blue point on the connector.

CAUTION

A tube connected to an output with the wrong number will cause disordered filling of the chambers and an ineffective treatment. Check the numbering of all tubes before each session.

7.3 Connecting the electrostimulation electrodes

Connect the electrostimulation cables on the front of the machine and the electrodes in pairs (one positive + one negative) on each cable. Each patch attaches to the cable by its clip and is applied to the skin with the elastic fastening straps. Always apply water-based conductive gel to each patch before placing it on the skin.



FIGURE 13 Muscle stimulation kit: 10 electrodes, connection cables and elastic retaining straps.



FIGURE 14 Pad electrode with its cable and the connector of the stimulation output.

7.4 Connecting the infrared heating

Join the infrared connectors of the blanket to the unit cables, matching their numbering (zones 1-5), and insert the connector fully into the corresponding output of the equipment.

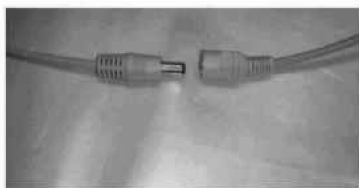


FIGURE 15 Connection of the infrared heating circuit.

08 OPERATION

8.1 Starting up

- 1 Connect the cable to the mains socket.
- 2 Operate the power switch at the rear of the machine.
- 3 Check that all the air and infrared tubes are correctly fitted, both on the main machine and on each of the parts of the pressotherapy blanket (correct numbering).
- 4 Press the POWER button on the main console (1).
- 5 Press button no. 11, which activates the general operation of the machine.

8.2 Setting the working time

Set the working time with button 10. The minimum time is 1 minute and the maximum that can be programmed is 60 minutes. As a general rule, we recommend programming between 30 and 60 minutes, depending on the objective of the treatment.

8.3 Infrared function

With button 21 you can activate or deactivate the infrared function. If a red dot appears on the display (23), the function is active; pressing button 21 again deactivates it at any time and the red dot disappears. There are eight intensity levels, adjustable with control 22, according to the needs of each case.

CAUTION

The use of this therapy is not recommended for clients with circulatory problems. Because everyone's skin is different, do not select a high intensity for prolonged periods, to avoid burns. Recommended pattern: level 8 at the start and, once the client feels heat, lower to level 5–6 and maintain.

8.4 Pressotherapy function (AIR DE-TOXIN MODE)

Filling is activated and deactivated with button 18. If a red dot is shown on display 17, the function is selected; if the red dot is not shown, the function is not active at that moment. The machine has 3 air-filling modes, selectable with button 19:

Mode 1 — air pressure is applied from the feet up to the waist (ascending sequence).

Mode 2 — air pressure is applied from the waist down to the feet (descending sequence).

Mode 3 — pressure is applied in all chambers at the same time (pumping function).

Button 20 selects the filling speed of the air chambers (5 levels) and dial 24 adjusts the air-pressure intensity. Buttons 12 to 16 activate or exclude each body output (left arm, right arm, waist, left leg and right leg).

Filling speeds

Level 1 — very fast

Level 2 — fast

Level 3 — intermediate

Level 4 — slow

Level 5 — very slow

NOTE

As a hygiene measure, the use of cellulose trousers specific to this type of treatment is always recommended, for each client.

8.5 Electrostimulation function

For this function to be active, a red dot must be visible on display 4; you can deactivate it with button 6 (the red dot will disappear). Make sure you have connected the cables on the front and the electrodes in pairs (positive + negative). Select the working programme with buttons 3 and 4 and view it on display 2. The machine has 5 pre-set programmes:

Programme 1 — the basis of body-shaping and volume-reduction programmes; suitable for any body area.

Programme 2 — localised work, intended for areas of greater resistance within body-shaping programmes.

Programme 3 — aimed at improving the appearance of cellulite and orange-peel skin.

Programme 4 — activates return circulation and supports aesthetic drainage, with a sensation of lightness in the area.

Programme 5 — relaxing; helps to release and loosen the muscles.

Also select the working mode with button 2: if a red dot appears on display 2, operation is automatic (the machine moves from one programme to another); if there is no red dot, selection is manual, with the previously chosen programme.

With button 8, move one by one through the 5 electrostimulation outputs: each time you press it, the red light moves along the pilot lights above the button. Configure the intensity of each output independently with buttons 7, adapting it to the client's sensitivity. The machine has 8 intensity levels.

The higher the intensity applied, the greater the number of muscle fibres taking part in each contraction. Always work at the highest level that remains comfortable for the client, increasing progressively throughout the session and never reaching the pain threshold: the normal sensation is a tingling accompanied by the contraction, not discomfort.

8.6 Video tutorials

The manufacturer provides video tutorials on the operation of the equipment in the following languages:

Spanish — <https://www.youtube.com/watch?v=ox-nc-CfXek>

Italian — <https://www.youtube.com/watch?v=ZHh9BbdT4ls>

Portuguese — <https://youtu.be/56njBsH90sc>

09 TREATMENT PROTOCOL

Recommended working sequence for a complete body-contouring session:



FIGURE 16 Fitting the waist and abdomen belt on the client, with the electrodes already in place.

- 1 Settle the client on a couch.
- 2 Fit special pressotherapy trousers (disposable cellulose) or similar.
- 3 Perform a preliminary massage for 15–20 minutes. The effect will be better if you use cosmetics specific to the objective of the treatment.
- 4 Fit each of the accessories of the pressotherapy blanket and close the modules.
- 5 Switch the machine on with the power button and check that the pressotherapy function is active (red dot on display 17). Stop the electrostimulation and infrared heating if they are not going to be used in this phase.
- 6 Select the working time and adjust the air pressure and filling mode according to each client's particular conditions. Pressotherapy session: 15–30 minutes.
- 7 If desired, activate the infrared heating function following the pattern in section 8.3.
- 8 Once the pressotherapy is finished, you can perform an electrostimulation session for about 10 minutes. Choose manual or automatic mode (with the red light on display 2, the mode is automatic).

- 9 Always place the patch electrodes with water-based conductive gel and at the beginning and end of the muscle, to avoid injury (see section 10).
 - 10 The complete treatment may last up to 90 minutes.
-

NOTE

When pressotherapy is used within a combined treatment, apply it at the end of the session, after the other methods employed.

10 ELECTRODE PLACEMENT

The following diagrams come from the manufacturer's original documentation and show the placement points of the patches in pairs (each number and its apostrophe partner form one circuit). The patches are placed over the motor points of the muscle, where the signal is channelled with the best performance:

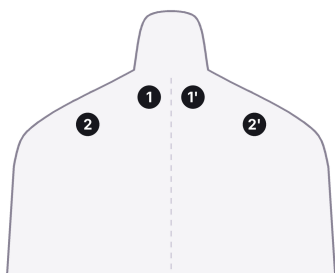


FIGURE 17 Shoulder and neck. Function: activate and release the area.

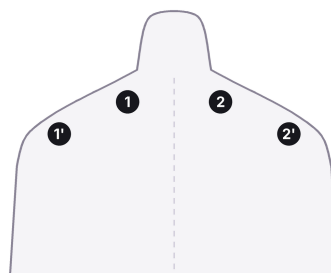


FIGURE 18 Shoulder and arm. Function: activate and tone the area.

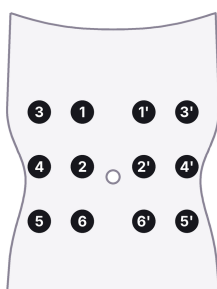


FIGURE 19 Abdomen. Function: tone the area within the contouring programmes.

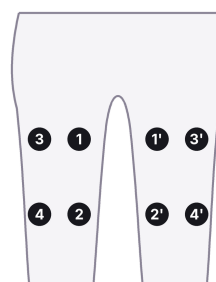


FIGURE 20 Thighs. Function: tone the area within the contouring programmes.

CAUTION

Always place the electrodes in pairs (positive + negative) and with water-based conductive gel, at the beginning and end of the muscle; never over bone, joints, thorax or neck, and never crossing a single circuit between the front and the back of the body. Insert the patches into the fastening straps previously fitted on the client and check full contact with the skin.

NOTE

Use only water-based conductive gel: it guarantees correct transmission of the impulse, protects the skin and extends the service life of the patches. It can be purchased at sunmarket.es.

11 THE SESSIONS

For aesthetic purposes, pressotherapy sessions last approximately 30–45 minutes, depending on the working objective and each client's sensitivity. The equipment timer allows programming of up to 60 minutes.

As for frequency, 2–3 sessions per week are usually performed as a general measure, although in some specific cases a daily session may be reached.

When pressotherapy is used within a combined treatment, it is applied at the end of the session, after the other methods employed.

12 PRECAUTIONS DURING TREATMENT

- 1 Always use water-based conductive gel on the passive-gymnastics patch electrodes to obtain better results. Adjust the intensity according to the sensations reported by the client, always gradually from low to high. If there is a sensation of pain, check that the patch is in perfect contact with the skin.
- 2 For the infrared function, set level 8 at the start of the treatment and, once the client feels heat, lower the level to 5 or 6 and maintain that temperature.
- 3 Throughout the treatment, communicate with the client in order to check the temperature and make the corresponding adjustment.
- 4 During the treatment, pause the functions of the machine that are not used in that session.
- 5 Always use disposable trousers or correctly sterilise the consumable used for each client.

13 CLEANING AND MAINTENANCE

13.1 Cleaning after each session

- Disconnect the equipment from the mains before any cleaning.
- Clean the surface of the blanket and modules with a soft cloth dampened with water or a non-aggressive disinfectant; dry completely before storing. Do not immerse any component.
- Clean the patch electrodes, removing conductive-gel residue, and disinfect them; replace them when they lose adhesion.
- Clean the console and housing with a dry or slightly damp cloth; never pour liquids directly.

13.2 Periodic maintenance

- Check the condition of tubes and connectors: no permanent kinks, cracks or air leaks. Replace any damaged tube with an original spare.
- Check the power cable and the electrode cables; if they show damage, do not use the equipment and request an original spare.
- Store the blanket flat or folded without forced angles, in a dry place protected from the sun.
- The fuse is located next to the rear power socket; replace it only with one of the same characteristics and with the equipment unplugged.
- Any other intervention is the exclusive responsibility of the authorised technical service.

14 TROUBLESHOOTING

Before contacting the technical service, check the following points:

PROBLEM	PROBABLE CAUSE	SOLUTION
The equipment does not switch on	Cable badly connected; rear switch off; blown fuse	Check the cable and earthed socket; operate the rear switch; replace the fuse with an identical one
A chamber does not inflate	Tube connected to a wrong number; connector not clicked in; kinked tube	Check the numbering, press the connector fully home and remove kinks from the tube
The pressure is weak	Low speed or intensity; leak at a connector	Increase the speed (button 20) and the pressure (dial 24); check the fit of the connectors
No infrared heat	Function deactivated (no red dot on 23); IR connector loose; low level	Activate with button 21; fit the IR connector; raise the level with control 22
Electrostimulation is not felt	Function deactivated (no red dot on 4); output not configured; lack of gel; patch without contact	Activate with button 6; configure each output with button 8; apply conductive gel and check patch contact
The stimulation is uncomfortable	Excessive intensity; patch partially detached	Lower the intensity and reposition the patch with full contact

DANGER

If the problem persists, or in the event of a burning smell, abnormal noises, moisture in the equipment or visible damage, immediately disconnect the equipment from the mains and contact the technical service. Do not open the housing: all repairs must be carried out by authorised technical personnel.

15 TECHNICAL SPECIFICATIONS

Certified model	IDMRTSE4 TERMO SLIM BODY SHAPER EXCELLENS · 8432729013696
Reference on the console	IB-8108
Functions	Pressotherapy · Infrared heat · Muscle stimulation (3 in 1 with body textile set)
Power supply	220 V. Compatibility stated by the manufacturer: AC 110 / 220 / 230 / 240 V
Frequency	50 – 60 Hz
Power	350 W
Electrical protection	Main switch and fuse holder at the rear · 2 spare fuses supplied
Pressotherapy	20 air chambers · 10 numbered pressure sectors (0 – 9) · 3 inflation modes · 5 speeds
Chamber distribution	Abdomen 4 · legs 4 × 2 · arms 4 × 2 · feet 2 × 2
Air pressure	0 – 150 mmHg (± 10 %). The manufacturer's manual also states 20 / 80 / 120 mmHg and 0.10 / 0.22 / 0.32 bar
Infrared	5 zones (arms 1/2 · waist 3 · legs 4/5) · intensity from 1 to 8
Muscle stimulation	5 independent channels · 5 programmes · intensity from 1 to 8 · manual or automatic mode
Timer	1 – 60 minutes
Main unit dimensions	103 × 55 × 46 cm (99 × 43 × 38 cm according to the commercial data sheet)
Folded textile set dimensions	91 × 46 × 12 cm
Weight	Main unit 29 kg · textile set 6.6 kg · gross weight 36 kg
Energy efficiency class	C

Conformity

The device carries CE marking. The manufacturer has issued the EU declaration of conformity for the certified model IDMRTSE4 TERMO SLIM BODY SHAPER EXCELLENS (8432729013696), listing the following directives and harmonised standards:

CE · Electromagnetic compatibility	Directive 2014/30/EU
Standards applied · EMC	EN IEC 55014-1:2021 · EN IEC 55014-2:2021 · EN IEC 61000-3-2:2019+A1:2021 · EN 61000-3-3:2013+A1:2019+A2:2021
CE · Low voltage	Directive 2014/35/EU
Standards applied · Low voltage	EN IEC 60335-2-115:2023+A11:2023 · EN 60335-1:2012+A11:2014+A13:2017+A1:2019+A14:2019+A2:2019+A15:2021 · EN 62233:2008
RoHS	Directive 2011/65/EU
Standards applied · RoHS	IEC 62321-4:2013+AMD1:2017 CSV · IEC 62321-5:2013 · IEC 62321-6:2015 · IEC 62321-7-1:2015 · IEC 62321-7-2:2017 · IEC 62321-8:2017

NOTE

The original EU declaration of conformity, signed by the manufacturer, is available through the distributor. Quote the certified model reference when requesting it.

The manufacturer reserves the right to modify the information contained in this manual, as well as the characteristics and components of the product, without prior notice. Some components may differ from the images shown.

16 WARRANTY AND TECHNICAL SERVICE

The device is supplied with the distributor's commercial warranty. The main unit and the textile set have different periods, because the garments of the suit are subject to the wear inherent in continuous use in the treatment room.

16.1 Coverage

ITEM	WARRANTY	NOTES
Main unit: control electronics, compressor, control console and structure	3 years	From the date of the purchase invoice
Modular suit: arm and leg modules, waist belt and foot boots	1 year	Parts subject to wear in salon use, considered consumables
Base blanket for the couch and organiser bag	1 year	Same terms as the rest of the textile set
Air tubes, connectors and infrared cables	1 year	Replacement with original spare parts
Electrodes, elastic straps and conductive gel	Not covered	Consumables requiring periodic replacement

The period runs from the date of the purchase invoice and covers the professional purchaser named on it. This commercial warranty is without prejudice to the rights granted to the purchaser by applicable law.

16.2 What is covered

- Manufacturing and material defects that prevent normal operation of the device.
- Failures of the control electronics, the compressor and the control console within the stated period.
- Air leaks in tubes, connectors and chambers attributable to an original defect.
- Labour and original spare parts required for the repair.
- Preliminary diagnosis and telephone assistance from the technical service.

16.3 What is not covered

- Normal wear of the garments, straps, electrodes and conductive gel.
- Tears, cuts, punctures or burns to the textile material occurring during use.
- Damage caused by a mains voltage other than the one stated on the rating plate, or by installations without earthing.
- Damage from impact, falls, unsuitable transport or storage in damp environments.
- Damage from liquids, cosmetics or disinfectants spilled onto the unit or introduced into the garments.
- Faults caused by tampering, disassembly or repair carried out by unauthorised personnel.

- Use of the device with accessories or spare parts that are not original.
- Non-professional use, use contrary to this manual, or failure to observe the contraindications and the time, pressure and temperature guidance.
- Consumables and the cleaning and periodic maintenance work described in section 13.
- Cosmetic damage that does not affect the operation of the device.

CAUTION

Opening the housing, replacing internal components or any intervention carried out by unauthorised personnel immediately voids the warranty. Replacing the fuse and the cleaning tasks described in section 13 are the only operations that are the user's responsibility.

16.4 How to report a fault

- 1 Stop the device, disconnect it from the mains and do not continue using it.
- 2 Check section 14 first: many incidents are resolved by checking the numbering of the tubes, the seating of the connectors or whether the outlet is active on screen.
- 3 Gather the serial number from the rating plate together with the date and number of the purchase invoice.
- 4 Describe the fault in as much detail as possible: function affected, when it appears and the behaviour observed.
- 5 Attach photographs or a short video of the problem and of the rating plate.
- 6 Contact the distributor's technical service by telephone, email or WhatsApp.
- 7 Keep the original packaging or an equivalent one: it is essential for safe transport if the unit has to be collected.
- 8 Do not send the device without having arranged collection with the technical service beforehand.

16.5 Technical service, training and replacement unit

The distributor runs its own technical service with original spare parts and supports the salon throughout the service life of the device:

- Telephone and WhatsApp assistance for questions about operation and about fitting the suit.
- Training on the operation of the device, by telephone or at the distributor's premises.
- Availability of a replacement unit during the repair, subject to the conditions in force at the time of the incident.
- Original spare parts for modules, tubes, connectors, electrodes and conductive gel.
- Updates to this documentation.

16.6 Details of your unit

Record the details of your device as soon as you receive it. The rating plate is on the rear of the unit, next to the main switch, and the serial number is the first detail the technical service asks for.

Model

Serial number

Date of purchase

Invoice number

Distributor and contact

17 DISPOSAL OF THE DEVICE AND THE PACKAGING

At the end of its service life, the device and its accessories must be disposed of separately from other waste.

17.1 Electrical equipment

- Do not place the unit in household waste or in general commercial waste.
- Take it to an authorised collection point for waste electrical and electronic equipment, or hand it to the distributor when purchasing an equivalent device.
- Disconnect and remove the power cable before handing it over.
- Separate collection allows usable materials to be recovered and keeps electronic components out of the general waste stream.

17.2 Suit, accessories and packaging

- Separate the cardboard packaging and place it in the paper and cardboard container.
- Place the protective plastics in the appropriate container.
- Garments, tubes, cables and electrodes taken out of service are handled as non-recyclable waste, unless local regulations state otherwise.
- Conductive gel residues and empty containers follow the instructions on their own label.

NOTE

Always check the collection rules in force in your municipality: classification and drop-off points may vary.

A ANNEX A · PRIOR ASSESSMENT AND INFORMED CONSENT

This annex brings together, in a single printable document, the prior assessment of the client and their informed consent for the three technologies of the device. Complete and sign one copy before the first session and review the questionnaire at every new visit.

NOTE

Template for guidance. Adapt it to the details and procedures of your salon and have it reviewed by your legal advisers before use: Sunmarket Wellness does not provide legal advice and responsibility for the document finally used lies with the salon.

DETAILS OF THE SALON AND THE CLIENT

Salon	_____	Professional in charge	_____
Full name	_____		
Identity document	_____	Date of birth	_____
Telephone	_____	Email	_____

PRIOR ASSESSMENT QUESTIONNAIRE

Tick the appropriate box on each line. The questionnaire is completed by the client with the support of the professional.

BLOCK A · SITUATIONS THAT PREVENT THE SESSION	YES	NO
Pregnancy or suspected pregnancy	☐	☐
Pacemaker, defibrillator or other implanted electronic device	☐	☐
Epilepsy	☐	☐
Recent deep vein thrombosis, thrombophlebitis or phlebothrombosis	☐	☐
Significant or tortuous varicose veins	☐	☐
Heart condition or recent myocardial infarction	☐	☐
Cardiac, respiratory or renal insufficiency	☐	☐
Uncontrolled blood pressure	☐	☐
Active oncological process	☐	☐
Fever, active infection or acute inflammation	☐	☐
Skin infection, open wound, burn or dermatitis in the treatment area	☐	☐

BLOCK A · SITUATIONS THAT PREVENT THE SESSION	YES	NO
Lymphangitis	☐	☐
Inflammatory arthritis in the acute phase	☐	☐
Abdominal or inguinal hernia	☐	☐
Retinal detachment	☐	☐
Active haemorrhagic process	☐	☐
Person under 18 years of age	☐	☐

DANGER

A single affirmative answer in block A prevents the session from being carried out. Do not apply any of the three technologies while the situation persists and refer the client to their healthcare professional.

BLOCK B · SITUATIONS REQUIRING ASSESSMENT	YES	NO
Ongoing medical treatment or open diagnostic process	☐	☐
Diabetes with neuropathy or altered sensitivity	☐	☐
Altered skin or thermal sensitivity	☐	☐
Very thin or hypersensitive skin, or significant capillary fragility	☐	☐
Recent surgery without definitive medical discharge	☐	☐
Metal implants in the area where the electrodes would be placed	☐	☐
Photosensitising medication	☐	☐
Menstruation, if abdominal work is planned	☐	☐
Advanced age with associated circulatory conditions	☐	☐
Tendency to bruise or mark easily	☐	☐

An affirmative answer in block B does not necessarily prevent the session, but it requires individual assessment, reduced intensities, continuous supervision and, where applicable, prior written medical authorisation.

TECHNOLOGIES PLANNED

- ☐ Pressotherapy by pneumatic compression
- ☐ Far infrared heat
- ☐ EMS muscle stimulation
- ☐ Body areas planned:

DECLARATION AND CONSENT

The client declares and accepts the following:

1. They have been informed that the treatment has an exclusively aesthetic and wellness purpose, that it does not constitute a medical act and that it does not replace any healthcare assessment, diagnosis or treatment.
2. The three technologies of the device have been explained to them, together with the normal sensations of each one: progressive compression of the air chambers, gentle enveloping heat in the active zones, and tingling accompanied by muscle contraction in the stimulation function.
3. They have been informed that transient reactions may appear, such as redness, a sensation of heat for a while, slight marks from the garments or the straps, and mild residual tingling.
4. They declare that the information given in the questionnaire is truthful and complete and that they have not omitted any circumstance relevant to their safety.
5. They undertake to report any change in their state of health, treatment or medication before each new session.
6. They undertake to inform the professional immediately of any pain, discomfort, excessive sensation of heat or any other unpleasant sensation during the session.
7. They understand that results vary, that they depend on individual factors, on the number of sessions and on personal habits, and that no specific result or reduction in measurements has been guaranteed to them.
8. They have had the opportunity to ask questions and have received an answer to all of them before signing.
9. They freely consent to the application of the technologies marked in this document and know that they may withdraw consent at any time, without having to give reasons and without this affecting their relationship with the salon.
10. Should there be any doubt about their state of health, they undertake to provide prior written medical authorisation before receiving the session.

DATA PROTECTION

Data controller: the salon named in the header. Purpose: managing the provision of the aesthetic service, assessing the suitability of the sessions and keeping the treatment history. Legal basis: the client's consent and the performance of the service relationship. Retention: for the duration of the relationship with the salon and thereafter for the periods required by law. Recipients: data is not transferred to third parties except where required by law. Rights: access, rectification, erasure, restriction, objection and portability, by writing to the salon; a complaint may also be lodged with the competent supervisory authority.

Client's signature

Professional's signature

Date

B ANNEX B • SESSION LOG

Record each session as soon as it ends. The history makes it possible to adjust the parameters of the next visit, evidences the follow-up carried out and documents any incident.

Full name

Salon

Professional in charge

[illegible]

Keep this log together with the prior assessment form of each client and update it at every visit.

C ANNEX C · QUICK REFERENCE FOR THE TREATMENT ROOM

Operational summary to keep next to the device. It does not replace reading the full manual.

Before starting	Prior assessment form signed and reviewed · disposable trousers for each person
Assembly	Tubes 0 to 9 and infrared connectors 1 to 5 on their own number · check the fit before every session
Start-up	Cable to an earthed socket · rear switch · POWER button · button 11 for general operation
Pressotherapy	Inflation mode 1, 2 or 3 · pressure from lower to higher with wheel 24 · time up to 60 minutes
Far infrared	Level 8 at the start, down to 5 or 6 as soon as heat is felt · never heat the garments while empty
Muscle stimulation	Water-based conductive gel · electrodes in pairs · at the beginning and end of the muscle · never on thorax, neck or head
During the session	Constant communication · never unsupervised · unused functions on pause
Full session	Pressotherapy 15 to 30 minutes · stimulation about 10 minutes · full treatment up to 90 minutes
Frequency	2 or 3 sessions a week, on alternate days
When finished	Stop all functions · open the garments so they release the heat · clean electrodes and surfaces
At any discomfort	Reduce the intensity or stop the function, and disconnect the device if necessary
Fuse	Next to the rear mains socket · replace only with one of the same characteristics and with the device unplugged

DANGER

In the event of a burning smell, unusual noises, moisture in the device or visible damage: stop all functions, disconnect the device from the mains and contact the technical service. Do not open the housing.

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