

PRESOFIT PRO

Professional pressotherapy device with adjustable body suit: 16 channels, 32 air chambers and 8 working programmes — Certified model ID MRTSE8



Sequential pressotherapy

16 working channels and 32 air chambers with partial overlap between adjacent chambers

8 automatic programmes

Modes A to H, each with a different inflation and deflation sequence

Adjustable pressure

Three working levels, from 75 to 225 mmHg, and sessions of up to 60 minutes

Adjustable body suit

Legs, buttocks, hips, abdomen and waist, with a 3-size system

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PRESOFIT PRO · Instruction manual

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01 GENERAL INFORMATION

PRESOFIT PRO is the exclusive trade name used by Sunmarket Wellness for the professional pressotherapy device with reference IDMRTSE8. It is a sequential pneumatic compression system made up of a control unit with a touch screen and an adjustable body suit covering legs, buttocks, hips, abdomen and waist. The device works with 16 channels and 32 air chambers, includes 8 automatic programmes and allows the working pressure to be set at three levels, between 75 and 225 mmHg.

1.1 Description of the device

The set consists of a tabletop main unit and a body suit connected to it through two multiway hoses. The unit manages the filling and emptying of the air chambers of the suit according to the programme, pressure and times configured by the professional on the screen:

- **Control unit:** tabletop housing with an 8-inch colour touch screen, built-in compressor, two round air connectors, main switch and power socket on the rear panel.
- **Body suit:** one-piece full garment with 32 air chambers distributed across 16 working channels, adjustable to 3 sizes by means of side zips and a central upper zip.
- **Programming:** 8 automatic modes identified from A to H, three pressure levels, adjustable session time and independent setting of the inflation time of each channel.
- **Zone control:** three shortcuts that activate or deactivate groups of channels, plus individual closing of any channel.

1.2 Intended use and users

The device is intended for professional use in the treatment room, in beauty centres, spas and wellness centres. It must be used only by staff with specific technical training and after this manual has been read in full. PRESOFIT PRO has a strictly aesthetic and wellbeing purpose: it is not a medical device and it is not intended for the prevention, diagnosis or treatment of any pathology, nor to act on circulatory disorders, lymphoedema or other medical conditions.

NOTE

This device does not replace assessment by a healthcare professional. In the event of any pathology, ongoing medical treatment or doubt about the suitability of the session, obtain prior written medical authorisation before applying the treatment. Sunmarket Wellness accepts no responsibility for use of the device by persons without the appropriate qualification.

1.3 Product identification

Always quote these details when requesting spare parts, technical assistance or conformity documentation:

Trade name	PRESOFIT PRO · exclusive trade name of Sunmarket Wellness
Reference	IDMRTSE8

Certified model	IDMRTSE8 PRESOTERAPIA LYMPHO-PRESS · 8432729114645
Category	Professional pressotherapy machines · aesthetic equipment
Manufacturer and importer	PostQuam Cosmetic S.L. · Ctra. Burgos-Portugal km 115, 47270 Cigales (Valladolid), Spain
Origin	Designed in Italy · Made in China
Distributor	Sunmarket Wellness S.L.U. · Valencia, Spain · www.sunmarket.es

1.4 Symbols used in this manual

Three levels of warning are used throughout this document. Observe them at all times:

SYMBOL	MEANING
DANGER	Risk to personal safety or of serious damage to the device. Failure to comply may cause injury.
CAUTION	Situation that may compromise the result of the treatment or the service life of the device.
NOTE	Additional information or recommended good practice.

02 OPERATING PRINCIPLES

2.1 Aesthetic pressotherapy

Pressotherapy is a professional aesthetic technique based on controlled pneumatic compression. The suit wraps around the body and the unit regulates the inflation and deflation of its air chambers following programmed cycles, so that pressure travels across the treated area in an orderly way.

The result is a rhythmic, repeatable mechanical massage whose intensity, path and rhythm are set from the screen. In the treatment room it is used as a body comfort technology and as support for aesthetic protocols aimed at body contouring, at visually improving the appearance of the skin and at a feeling of rest in the legs.

2.2 Sequential compression by channels

The suit distributes 32 air chambers across 16 working channels, 16 chambers on each side of the body. Each channel fills and empties independently, and the selected programme determines the order: channel by channel in ascending sequence, in chained pairs, accumulating successive channels, in two simultaneous paths, or across the whole suit at once.

This architecture allows the professional to modulate the feel of the session without changing accessory: the same suit can deliver a gentle, progressive massage or a wrapping, more pronounced compression, simply through the mode, the pressure and the inflation times.

2.3 Overlap between adjacent chambers

Each air chamber partially overlaps the adjacent one. This overlap avoids pressure-free gaps between consecutive channels and makes the transition from one chamber to the next continuous rather than stepped. During the session the perception is one of progressive, even compression, better adapted to the body contour.

NOTE

The overlap between chambers is a design feature of the suit and requires no adjustment by the professional.

2.4 Effects in the treatment room

- **Body contouring:** sequential compression is included as a complement in aesthetic body-shaping and contour-reduction protocols.
- **Appearance of the skin:** support in treatments aimed at visually improving the appearance of cellulite and orange-peel skin.
- **Feeling of lightness:** helps reduce the sensation of heaviness in the legs within an aesthetic wellbeing approach.
- **Comfort and rest:** the rhythmic massage provides a relaxing body experience, particularly with the high-frequency modes and the global compression mode.
- **Synergy with cabin cosmetics:** the session can be combined with draining or reducing cosmetics and with cold wraps within the protocol, always within an aesthetic treatment.

03 AESTHETIC APPLICATIONS

PRESOFIT PRO has been designed for use in the treatment room with a strictly aesthetic and wellbeing purpose. Its usual applications are:

- Aesthetic body protocols for wellbeing and comfort
- Complement in body-shaping programmes
- Support in treatments to visually improve the appearance of cellulite
- Aesthetic work on the sensation of fluid retention, from a cosmetic perspective
- Sensation of tired, heavy legs at the end of the day
- Body rest sessions after physical effort or long working days
- Preparation and closing of other body treatments in the cabin
- Complement to protocols using draining or reducing cosmetics

3.1 Working areas of the suit

- Legs
- Buttocks
- Hips
- Abdomen
- Waist
- Complete lower body work with a full-length suit

NOTE

The suit does not include arms and the device cannot be extended with arm modules. All the applications described refer to the lower body and to the abdominal and waist area.

DANGER

The pressotherapy delivered by this device must be described and used only from an aesthetic perspective. It is not intended for the treatment of pathologies, circulatory diseases, lymphoedema or other medical conditions, and it must not be presented as such to the client, either in the cabin or in any communication material of the centre.

04 CONTRAINDICATIONS

DANGER

Do not apply the treatment to any person falling within the following cases. In case of the slightest doubt, require a written medical report or authorisation before the first session.

4.1 Absolute contraindications

- Pregnancy or suspected pregnancy
- Recent deep vein thrombosis, thrombophlebitis or phlebothrombosis
- Active infectious processes
- Skin infections, open wounds, burns or dermatitis in the working area
- Heart failure
- Wearers of a pacemaker, defibrillator or other implanted electronic device
- Epilepsy
- Active oncological processes, unless expressly indicated by a physician
- Acute inflammation and febrile processes
- Severe or tortuous varicose veins
- Lymphangitis
- Significant respiratory or renal insufficiency
- Uncontrolled blood pressure disorders
- Any circulatory problem not previously assessed by a health professional

4.2 Relative contraindications

These require individual assessment and, where appropriate, prior medical authorisation. Work with the lowest pressure level, short times and continuous supervision:

- People under medical treatment or undergoing diagnosis
- Diabetes with neuropathy or altered sensitivity
- Altered skin sensitivity
- Abdominal or inguinal hernias: avoid abdominal work
- Menstruation, if abdominal work causes discomfort
- Post-operative states without definitive medical discharge
- Significant capillary fragility or a tendency to bruising
- Low blood pressure
- Advanced age with associated circulatory conditions
- People under 18 years of age

4.3 Areas and situations that must be excluded

- Do not work on areas with active infection, skin lesions or recent inflammation: deactivate the corresponding channels or cancel the session.
- Do not apply abdominal pressure in the event of a hernia or recent abdominal surgery: close zones 3 and 4.
- Do not use the suit over external prostheses, rigid dressings or devices that could be compressed against the skin.

- Stop the session immediately in the event of pain, persistent tingling, dizziness or any unpleasant sensation.

4.4 Prior assessment

Before the first session, carry out the client's anamnesis and record it. Annex A of this manual includes a prior assessment and informed consent form ready to print. Review the questionnaire at every new visit, because health status, medication and personal circumstances may have changed.

- Record the client's answers and signature before the first session.
- Go over the risk points at every subsequent visit, even verbally.
- Keep the written medical authorisation whenever the case requires it.
- Record the parameters applied and any incidents observed in the session log in Annex B.

05 SAFETY RULES

5.1 Electrical safety

- Connect the device only to an earthed socket with a voltage matching the one shown on the rating plate (220 – 230 V, 50/60 Hz).
- Do not dismantle the device or carry out any operation not described in this manual. All repairs are the responsibility of the authorised technical service.
- Do not use the device near water or with wet hands. Do not allow liquids to fall onto or into the unit.
- Do not modify or splice the cables. Do not place the device where the power cable can be stepped on or trapped.
- Do not insert any object inside the unit and do not obstruct the ventilation grilles.
- Place the device on a stable, dry and level surface where it cannot tip over or fall.
- Disconnect the power cable from the socket at the end of the working day.

DANGER

Immediately remove the plug from the socket if any of these situations occurs:

- The device has become wet or liquid has entered it.
 - The device gives off a burning smell or makes an abnormal noise.
 - The power cable is broken or damaged.
 - The housing shows breakage or visible damage.
-

5.2 Safety during use

- Always carry out the client's prior assessment and rule out all the contraindications in section 4.
- Always start at pressure level 1 and increase only if the client tolerates it comfortably. The treatment must never be painful.
- Keep communicating with the client throughout the session and check their comfort regularly.
- Do not leave the client unsupervised while the device is running.
- Make sure the client can call out at any time and that the suit can be opened quickly.
- Remove rings, watches, bracelets and rigid objects from the areas covered by the suit.
- Do not run the suit empty for long periods.
- Stop the session in the event of any discomfort, pain, dizziness or excessive pressure sensation.

5.3 Hygiene

- Use hygienic leg bags in every session and with every client.
- Use disposable cellulose trousers or an equivalent garment under the suit.

- Open the textile part of the suit to clean and disinfect it after every use.
- Replace disposable material between clients, without exception.

5.4 Use of the suit

- Do not force the zips or close the suit on a client whose size does not match the selected setting.
- Do not pull the hoses sharply or bend them excessively: they are the most delicate part of the set.
- Do not place sharp objects, metal buckles or cosmetics in rigid containers inside the suit.
- Do not apply cosmetics directly onto the textile: always use an intermediate garment or bag.
- Check before every session that no chamber has cuts, punctures or open seams.

06 DESCRIPTION OF THE DEVICE

6.1 Main unit

The main unit houses the compressor and the control electronics. The upper face carries the 8-inch colour touch screen, from which all programming is carried out, and the lower front carries the illuminated power button. Its tabletop format allows it to be placed next to the couch, on a worktop or on a trolley.



FIGURE 01 PRESOFIT PRO main unit with the 8-inch touch screen.



FIGURE 02 Side view of the unit: tabletop housing with non-slip feet.

6.2 Working screen

The working screen brings together all the session parameters in a single view. The central silhouette represents the suit and its channels; the inflation times of each channel appear at the sides, grouped by zone; and on the right are the zone, mode, pressure and time selectors.



FIGURE 03 Working screen with the control areas numbered from 1 to 6.

- ① Treatment area selection: zone shortcuts 1, 2 and 3+4
- ② Working mode selection, from A to H
- ③ Pressure strength selection: levels 1, 2 and 3
- ④ Session time setting, with the minus and plus signs
- ⑤ Start, pause and stop, with visual status indication
- ⑥ Inflation time of each channel, grouped by zone

6.3 Rear panel

The rear panel carries the two round multiway connectors to which the suit is attached, the main switch with fuse holder and the power socket.

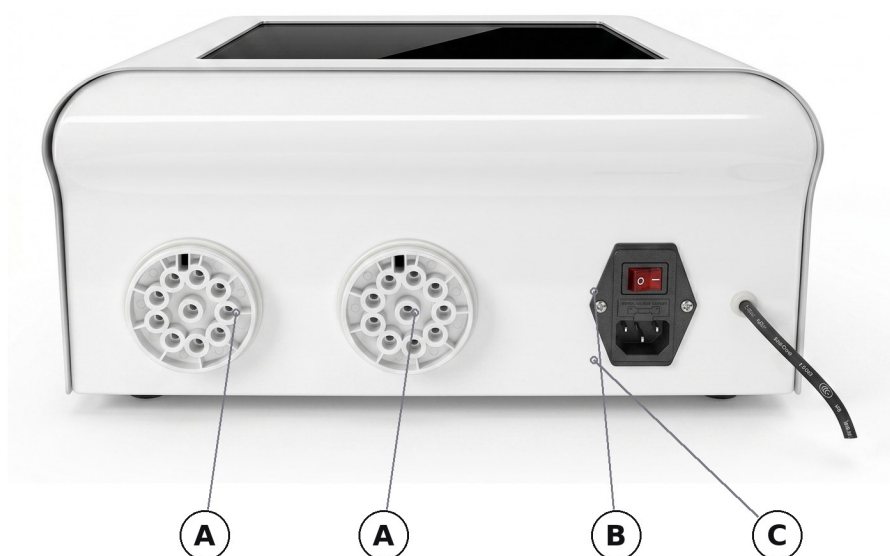


FIGURE 04 Rear panel: air connectors, main switch and power socket.

- Ⓐ Round multiway connectors for the suit hoses
- Ⓑ Main power switch and fuse holder
- Ⓒ Power socket and supply cable

6.4 Body suit

The suit is a one-piece full garment covering legs, buttocks, hips, abdomen and waist. It incorporates 32 air chambers distributed across 16 channels, side sizing zips, a central zip to widen the upper section and textile strips that cover hoses and connectors.



FIGURE 05 Body suit with its elements numbered from 1 to 7.

- ① Left side zip for width adjustment
- ② Right side zip for width adjustment
- ③ Central zip for adjusting the upper section
- ④ Textile strip covering the hoses on the left side
- ⑤ Textile strip covering the hoses on the right side
- ⑥ Air hose bundle

- ⑦

Round connectors for attachment to the unit



FIGURE 06 Body suit laid out, with the fastening strap of the waist area.

Suit measurements

Approximate total length	140 cm
Upper area, long	approximately 60 cm
Upper area, short	45 cm
Central panel, width	33 cm
Central panel, height	31.5 / 58 cm
Lower area, long	58.5 cm
Foot area, length	40 cm
Foot area, width	30 cm
Foot area, height	26 cm
Sizing system	3 sizes by means of side zips and central upper adjustment

Indicative measurements supplied by the manufacturer. Slight variations between units are possible, as this is a tailored textile garment.

6.5 Contents of the supply

- 1 PRESOFIT PRO main unit with touch screen

• 1 adjustable one-piece body suit

• Set of air hoses
- 2 round multiway connectors

• 1 power cable

• 1 instruction manual



FIGURE 07 Body suit and protective textile cover.



FIGURE 08 Hose bundle and round connectors of the suit.

07 INSTALLATION AND CONNECTION

7.1 Location of the device

- Place the unit on a stable, dry and level surface, close to the couch and to an earthed socket.
- Leave free space around the housing for the ventilation of the compressor.
- Route the hoses without tension, without tight bends and away from walkways.
- Avoid damp environments, proximity to water sources and direct sunlight.
- Work in a room with a comfortable ambient temperature and adequate ventilation.

7.2 Connecting the hoses to the unit

The suit is supplied with all the hoses already connected to the garment, so on start-up it is only necessary to attach the two round connectors to the main unit.

- 1 Place the round connector in front of the corresponding socket on the rear panel.
- 2 Line up the hole in the connector with the pin of the socket: this is the position guide that ensures correct attachment.
- 3 Insert the connector following that guide, without forcing it.
- 4 Turn the round nut until the assembly is secured. It is not necessary to tighten it fully home to achieve a correct connection.
- 5 Repeat the operation with the second connector.

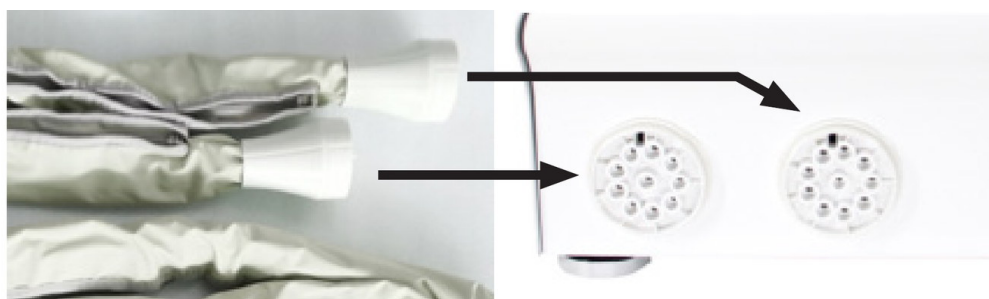


FIGURE 09 Attaching the round connectors of the suit to the sockets of the unit.

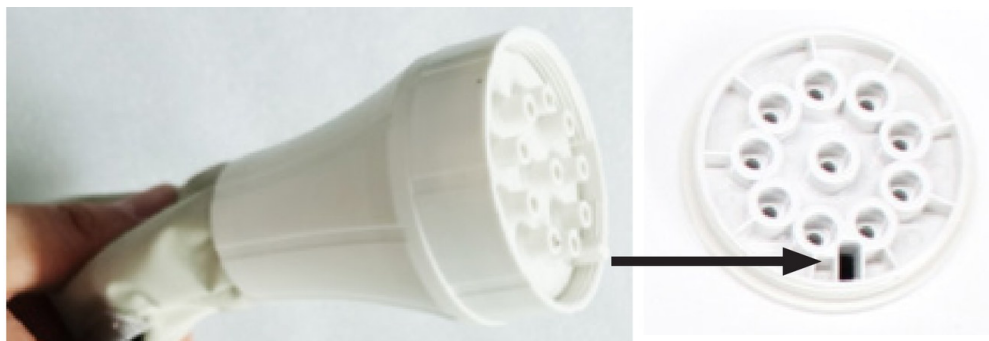


FIGURE 10 Position guide: hole in the connector and pin of the socket.



FIGURE 11 Securing the connector by turning the round nut.

CAUTION

A poorly attached connector or a nut left loose causes air losses, uneven filling of the channels and a session without the programmed pressure. Check that both connectors are attached before every session.

7.3 Adjusting the suit to the size

The suit allows three sizes. Width is adjusted with the side zip strips, which have three pieces on each side; if the upper section needs more room, the central zip can be opened halfway or completely.



FIGURE 12 Side zip strips: three width adjustment positions.



FIGURE 13 Opening the central zip to widen the upper section of the suit.



FIGURE 14 Detail of the central upper zip, open.



FIGURE 15 Inside of the suit and adjustment flap of the upper area.

- Select the side zip position matching the client's contour, the same on both sides.
- If the side adjustment is not enough for the upper body, open the central zip halfway or completely.
- Check that the suit is snug but not compressing before starting to fill: it should be possible to slide a flat hand between the garment and the body.
- The textile strips cover hoses and connectors for a cleaner finish during the session and do not need handling except to connect or remove the hoses.

7.4 Storing the suit

- If the device is not going to be used for a long period, the hose system can be removed and the suit folded in two parts to save space.
- Store the garment dry, without forced folds and protected from dust and heat.
- Do not store the suit compressed under other objects or on surfaces with sharp edges.
- Keep the original packaging: it is the best support for safe transport.

08 OPERATION

8.1 Start-up

- 1 Connect the power cable to an earthed mains socket.
- 2 Check that the two connectors of the suit are correctly attached and secured.
- 3 Operate the main switch on the rear panel.
- 4 Press the power button on the front of the unit.
- 5 Wait for the welcome screen to finish and access the working screen.

8.2 Welcome screen and language

After switching on, the welcome screen appears with a progress bar. The left arrow then gives access to the language selection and the right arrow goes straight into the working screen. The language menu offers Spanish, English, German, French, Italian, Portuguese and Polish. The selected language is retained for subsequent sessions.

8.3 Selecting the working zones

The screen includes three shortcuts corresponding to the four zones into which the suit is divided, allowing several channels to be activated or deactivated at once. Zones 3 and 4 are governed together from a single shortcut. The default configuration has all zones activated.

SHORTCUT	SUIT ZONE	USUAL APPLICATION
1	Lower zone: legs	Work focused on the legs, leaving the rest of the suit unfilled
2	Middle zone: thighs, hips and buttocks	Lower body shaping protocols
3+4	Upper zone: abdomen and waist, left and right side	Always activated and deactivated together

8.4 Channel numbering

To explain the inflation order, the channels are numbered from 1 to 16 from the lower to the upper part of the body. The channels in the upper zone work in pairs: channel 9 acts at the same time as 13, 10 as 14, 11 as 15 and 12 as 16. For that reason, only positions 1 to 12 are used in programming, and any adjustment made to channel 9 is automatically applied to channel 13.

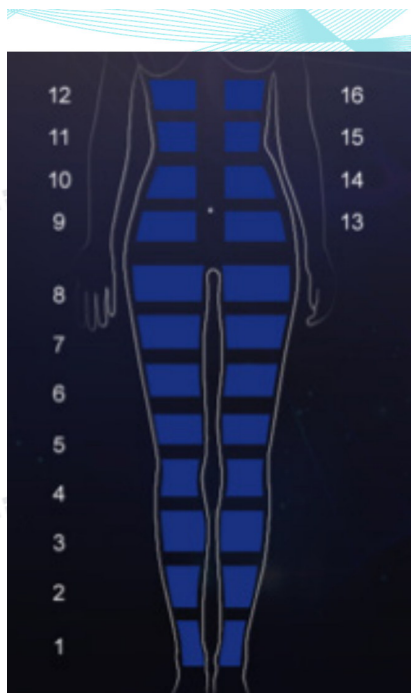


FIGURE 16 Numbering of the suit channels, from 1 to 16, with the pairs of the upper zone.

NOTE

The descriptions of the working modes in section 8.5 use this numbering from 1 to 12. Keep it in mind when interpreting the inflation sequences.

8.5 Working programmes

The device includes 8 automatic modes identified from A to H. Each mode defines a different inflation and deflation sequence of the channels. Operation must be paused before changing mode. The choice depends on the type of compression sensation sought, on the client's tolerance and on the aesthetic objective of the session.

Mode A · combined, for daily use — runs through modes B to H in successive cycles, spending a few minutes on each pattern. It is the global, versatile option, suitable for general aesthetic maintenance protocols, for first sessions and for clients who prefer a varied experience. The inflation time of the channels cannot be adjusted while this mode is running.

Mode B · gentle peristaltic — inflates from 1 to 12, channel by channel, in ascending sequence from the lower to the upper part, and repeats the cycle. It provides a progressive, orderly massage without a strong build-up

of pressure. It fits well in maintenance sessions, in regular work and with clients who prefer moderate compression.

Mode C · chained compression — inflates 1, then 1+2, then 2+3, 3+4 and so on up to 11+12. Pressure moves in pairs of channels and generates a sliding push sensation, with a clear perception of ascending travel. It is an option for continuous aesthetic work on legs, buttocks and abdomen.

Mode D · build-up and drag — inflates 1, then 1+2, then 1+2+3 and 1+2+3+4; from there it moves the block of four channels, 2+3+4+5, 3+4+5+6, 4+5+6+7, up to 9+10+11+12, and repeats. It combines build-up and drag, so it reinforces the sensation of progressive compression over wide areas of the suit while keeping an orderly progression.

Mode E · ascending progressive pressure — inflates 1, then 1+2, then 1+2+3, and continues accumulating channels until 1 to 12 are complete with the whole suit under load. It is the most intense wrapping compression pattern and the one with the most marked cumulative perception on the lower body and abdominal area.

Mode F · dual simultaneous path — works two sequences at the same time: one line 1+9, 2+10, 3+11, 4+12 and another 5+9, 6+10, 7+11, 8+12. It splits the work into two parallel paths and produces a high-frequency massage aimed at general body relaxation. It is usually applied in comfort sessions and after sports activity.

Mode G · dual path at high rhythm — follows the same two-simultaneous-path scheme as mode F, at a high rhythm. The manufacturer presents it as a dynamic programme for body rest sessions and for less focused, more global work.

Mode H · global compression — inflates the whole suit at the same time, deflates it as a whole and repeats the cycle. It is the most uniform and direct mode, with a very clear perception of combined pressure on legs, buttocks, hips and abdomen. It is usually applied at the end of the session, after other modes, to close the protocol with a wrapping compression.

NOTE

The sequences described correspond to the manufacturer's manual for model IDMRTSE8. If the manufacturer updates the screen firmware in future, the correspondence between letter and pattern could change: always compare the sequence observed in the cabin with this table and report any difference to the distributor.

8.6 Working pressure

Pressure strength is selected on screen with three levels. Level 1 is the normal working setting and the recommended starting point for any new client:

LEVEL	PRESSURE	EQUIVALENT	APPLICATION
1	75 mmHg · 10 kPa	0.1 bar	Starting level and usual working level in the cabin
2	150 mmHg · 20 kPa	0.2 bar	Clients who tolerate level 1 comfortably and ask for more intensity

LEVEL	PRESSURE	EQUIVALENT	APPLICATION
3	225 mmHg · 30 kPa	0.3 bar	Maximum intensity, only with express tolerance and continuous supervision

CAUTION

Always increase pressure gradually and only with the client's agreement. Pressure above the tolerated level does not improve the aesthetic result and may cause discomfort, marks or bruising, especially in people with capillary fragility.

8.7 Session time

The working time is set on screen with the minus and plus signs, and the maximum that can be programmed is 60 minutes. The manufacturer states a working range of 10 to 60 minutes. In mode A the inflation time of the channels cannot be modified while running. When the programmed time runs out, the device stops the cycle and the chambers empty.

8.8 Inflation time per channel

Each channel can be inflated for its own time, from 0 to 18 seconds. The default value is 10 seconds per channel and each press increases the setting by 3 seconds, running through the sequence 0, 3, 6, 9, 12, 15 and 18. The channels on the upper right and left of the body are controlled together from the four buttons on the left-hand side of the screen.

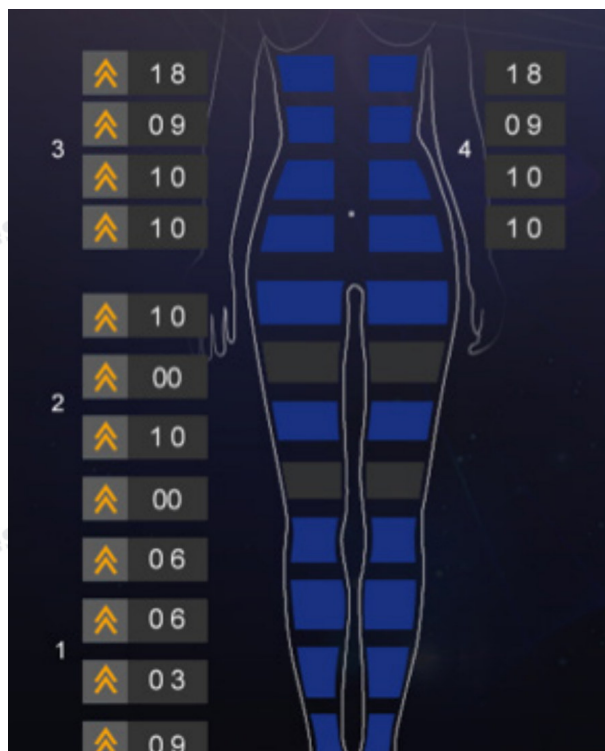


FIGURE 17 Setting the inflation time of each channel. Channels set to 00 remain closed.

- A longer inflation time produces a more sustained compression at that point of the path.
- A shorter time speeds up the passage of pressure through that channel and gives a more fluid sensation.
- If a channel is set to **00**, that channel is closed and is not filled during the session.
- Closing individual channels allows a specific point to be excluded without giving up the rest of the suit: it is the setting that complements the zone shortcuts.
- In some modes the inflation time cannot be modified while the cycle is running.

8.9 Start, pause and end of session

- The screen indicator shows the operating status: running, with the signal flashing and the timer counting down; paused, with the signal steady.
- Pause the cycle before changing the working mode.
- Pausing keeps the session configuration, so it can be resumed without programming again.
- At the end, stop the cycle, wait for the chambers to empty completely and open the suit with the session already stopped.
- Do not open the zips while the channels are under load.

09 TREATMENT PROTOCOL

Recommended working sequence for a complete aesthetic pressotherapy session in the cabin:



FIGURE 18 Suit laid out on the couch, ready to receive the client.

- 1 Review the client's prior assessment form and confirm that no contraindication applies.
- 2 Prepare the couch and lay the open suit on it, with the hoses tidily routed towards the side of the unit.
- 3 Provide the client with disposable cellulose trousers or an equivalent garment and hygienic leg bags.
- 4 If the protocol includes it, apply the draining or reducing cosmetics and carry out the preliminary manual massage before fitting the suit.
- 5 Adjust the suit to the client's size with the side zips and, if necessary, with the central zip.
- 6 Check that the garment sits evenly, without marked folds and without compressing at any point.
- 7 Select the working zones, the mode, pressure level 1 and the session time on screen.
- 8 Start the cycle and confirm the sensation with the client during the first few minutes; adjust pressure or inflation times if necessary.

- 9 Supervise the whole session and keep in contact with the client.
- 10 At the end, stop the cycle, wait for complete emptying, open the suit and help the client to get up calmly.
- 11 Remove the disposable material, clean and disinfect the suit and record the session in the log in Annex B.

NOTE

When pressotherapy is included in a combined treatment, apply it at the end of the session, after the other methods used.

9.1 Indicative guidelines by aesthetic objective

OBJECTIVE OF THE PROTOCOL	STARTING CONFIGURATION	REMARKS
First session and tolerance assessment	Mode A · pressure 1 · 20 minutes	Allows the client's response to different patterns to be assessed before choosing a fixed mode
General aesthetic maintenance	Mode B · pressure 1 · 30 minutes	Moderate, continuous compression, suitable for regular sessions
Lower body shaping	Mode C or D · pressure 1 or 2 · 30 to 40 minutes	Marked sequential work on legs, buttocks and abdomen
Sensation of tired legs	Mode B or F · pressure 1 · 25 to 30 minutes	Zones 1 and 2 active; the upper zone can be closed
Comfort and rest session	Mode F or G · pressure 1 · 20 to 30 minutes	High rhythm and wrapping perception, suitable after physical effort
Closing a body protocol	Mode H · pressure 1 · 10 minutes	Global compression to finish the session

Indicative cabin guidelines, not prescriptions. The professional adapts mode, pressure and time to each client, to their tolerance and to the aesthetic protocol as a whole.

10 FITTING THE SUIT ON THE CLIENT

Careful fitting of the suit determines much of the result of the session and of the client's comfort. Follow this sequence at every visit:

- 1 Lay the suit fully open on the couch, with the foot area towards the lower end.
- 2 Confirm that the client is wearing the disposable trousers and the hygienic bags.
- 3 Ask the client to lie down on the open suit, with the legs centred in the leg sections.
- 4 Close the leg sections first, then the hip and buttock area, and finally the abdomen and waist.
- 5 Adjust the side zips to the appropriate size, the same on both sides.
- 6 If the upper section is tight, open the central zip halfway or completely.
- 7 Route the hose bundle along the side of the couch, without crossing it over the client and without tight bends.
- 8 Check that the textile strips cover hoses and connectors and that nothing presses against the skin.
- 9 Check with a flat hand that the garment fits without compressing before starting the cycle.

CAUTION

The suit must not be forced closed on a client whose size exceeds the available adjustment. Forcing the zips damages the garment and compromises the safety and comfort of the session.

NOTE

A garment with marked folds distributes pressure unevenly. Spend a few seconds smoothing the textile before starting: it is the single gesture that most improves the client's perception.



FIGURE 19 PRESOFIT PRO installed in the cabin, with the unit on a worktop and the suit on the couch.

11 THE SESSIONS

For aesthetic purposes, pressotherapy sessions usually last between 30 and 45 minutes, depending on the working objective and the sensitivity of each client. The timer allows up to 60 minutes to be programmed, and the manufacturer states a working range of 10 to 60 minutes.

As for frequency, the general cabin guideline is 2 to 3 sessions per week, on alternate days. The total number of sessions depends on the aesthetic objective, on the client's starting point and on their consistency; there is no fixed number applicable to every case.

The first sessions should be planned with pressure level 1 and a short duration, in order to assess tolerance. From then on, the professional decides whether to keep the parameters or adjust them, always within the comfort range indicated by the client.

When pressotherapy is used within a combined treatment, it is applied at the end of the session, after the other methods used. Results are variable and depend on individual factors, on the number of sessions and on each client's personal habits.

12 PRECAUTIONS DURING TREATMENT

- 1 Always begin at pressure level 1 and adjust according to the sensations reported by the client, gradually and from less to more.
- 2 Keep communicating with the client throughout the session and confirm their comfort regularly.
- 3 Do not leave the client unsupervised while the device is running.
- 4 Deactivate the zones that are not to be worked and close the channels to be excluded before starting the cycle.
- 5 Pause operation before changing the working mode.
- 6 Stop the session in the event of pain, persistent tingling, dizziness, pallor or any unpleasant sensation.
- 7 Use hygienic bags and disposable material in every session and with every client.
- 8 Do not allow the client to get up with the suit closed or with the channels under load.
- 9 Offer water at the end and allow a few minutes of rest before the client gets up.

13 CLEANING AND MAINTENANCE

13.1 Cleaning after every session

- Stop the cycle and disconnect the device from the mains before any cleaning operation.
- Open the textile part of the suit to clean and disinfect the inside immediately after finishing the session.
- Clean the surfaces of the suit with a soft cloth dampened in water or in a non-aggressive disinfectant, and dry them completely before storing.
- Do not immerse the suit or any component, and do not pour liquid onto the unit.
- Clean the housing and the screen with a dry or slightly dampened cloth, without abrasive products or solvents.
- Remove the disposable material used and replace it for the next client.

13.2 Care of hoses and connectors

- Handle the connection and the hoses gently: do not pull them sharply or bend them excessively.
- Check regularly that there are no cracks, crushed sections or air losses.
- Check the condition of the securing nuts and of the guide pin of each connector.
- Replace any damaged hose or connector with an original spare part.

13.3 Periodic maintenance

- Check the condition of the zips, the seams and the straps of the suit.
- Check the power cable before every working day; if it is damaged, do not use the device.
- Keep the ventilation grilles of the unit clear and remove accumulated dust.
- Store the device in a clean, dry environment protected from excessive heat.
- The fuse holder is next to the power socket on the rear panel. Replace the fuse only with another of the same characteristics and with the device unplugged.
- Any other intervention is the exclusive responsibility of the authorised technical service.

CAUTION

Abrasive products, solvents and alcohol in high concentration damage the coating of the textile and the seals of the chambers. Use only disinfectants compatible with technical material of this type.

14 TROUBLESHOOTING

Before contacting the technical service, check the following points:

PROBLEM	PROBABLE CAUSE	SOLUTION
The device does not switch on	Cable poorly connected; rear switch off; blown fuse	Check the cable and the earthed socket, operate the rear switch and replace the fuse with an identical one with the device unplugged
The screen lights up but there is no air	Cycle paused; all zones deactivated; session time not programmed	Check the run indicator, activate the required zones and programme the working time
One channel does not inflate	Channel time set to 00; zone deactivated; connector poorly attached	Set the channel time above 00, activate the corresponding zone and check the connector attachment
The pressure feels weak	Pressure level 1 with short inflation times; leak in a connector or hose	Increase the pressure level or the inflation time and check the attachment of both connectors and the condition of the hoses
Filling is uneven between sides	Connector partially inserted; hose crushed or bent	Remove the connector, line it up with the guide pin, insert it again and secure the nut; free the hoses from bends
The mode cannot be changed	The cycle is running	Pause operation and then select the new mode
The inflation time cannot be adjusted	Mode A running, or another mode that does not allow adjustment while running	Pause the cycle or select a mode that allows adjustment
The client reports excessive pressure	Pressure level too high; suit adjusted to an insufficient size	Go down to level 1, pause the cycle and readjust the side zips or open the central zip
The suit loses air	Punctured chamber, open seam or damaged hose	Stop using it, identify the leak point and request an original spare part from the technical service

DANGER

If the problem persists, or in the event of a burning smell, abnormal noises, moisture inside the device or visible damage, immediately disconnect the unit from the mains and contact the technical service. Do not open the housing: all repairs must be carried out by authorised technical staff.

15 TECHNICAL SPECIFICATIONS AND CONFORMITY

Trade name	PRESOFIT PRO · exclusive to Sunmarket Wellness
Reference	IDMRTSE8
Certified model	IDMRTSE8 PRESOTERAPIA LYMPHO-PRESS · 8432729114645
Category	Professional pressotherapy machines · aesthetic equipment
Use	Professional, in beauty centres
Working channels	16
Air chambers	32, with partial overlap between adjacent chambers
Chamber distribution	16 chambers on each side of the body
Channel numbering	1 to 16, with the pairs 9=13, 10=14, 11=15 and 12=16
Programmes	8 automatic modes, from A to H
Working pressure	75 – 225 mmHg, adjustable in 3 levels
Pressure ranges	10 / 20 / 30 kPa · 0.1 / 0.2 / 0.3 bar
Zone shortcuts	3, corresponding to zones 1, 2 and 3+4
Session time	10 – 60 minutes
Inflation time per channel	0 – 18 seconds, in 3-second increments
Default time per channel	10 seconds
Channel closing	By setting the inflation time of the channel to 00
Screen	8-inch colour touch screen
Screen languages	Spanish, English, German, French, Italian, Portuguese and Polish
Air outlets	2 round multiway connectors on the rear panel
Suit	Full body, adjustable to 3 sizes
Suit coverage	Legs, buttocks, hips, abdomen and waist

Arms	Not included · the device cannot be extended with arms
Total suit length	approximately 140 cm
Sizing system	Side zips with 3 positions and central upper zip
Power supply	220 – 230 V
Frequency	50 / 60 Hz
Energy class	C
Electrical protection	Main switch and fuse holder on the rear panel
Unit structure	Hose connector, emergency handle, built-in power supply and power switch
Origin	Designed in Italy · Made in China
Manufacturer and importer	PostQuam Cosmetic S.L.
Distributor	Sunmarket Wellness S.L.U.

15.1 Conformity

The device carries CE marking. PostQuam Cosmetic S.L. has issued the EU declaration of conformity for product IDMRSE8, identified as IDMRSE8 PRESOTERAPIA LYMPHO-PRESS 8432729114645, covering the following directives and harmonised standards:

CE · Electromagnetic compatibility	Directive 2014/30/EU
Standards applied · EMC	EN IEC 55014-1:2021 · EN IEC 55014-2:2021 · EN IEC 61000-3-2:2019+A1:2021 · EN 61000-3-3:2013+A1:2019+A2:2021
CE · Low voltage	Directive 2014/35/EU
Standards applied · Low voltage	EN IEC 60335-2-115:2023+A11:2023 · EN 60335-1:2012+A11:2014+A13:2017+A1:2019+A14:2019+A2:2019+A15:2021 · EN 62233:2008
RoHS	Directive 2011/65/EU
Standards applied · RoHS	IEC 62321-4:2013+AMD1:2017 CSV · IEC 62321-5:2013 · IEC 62321-6:2015 · IEC 62321-7-1:2015 · IEC 62321-7-2:2017 · IEC 62321-8:2017

NOTE

The original EU declaration of conformity, signed by the manufacturer, is available through the distributor. Quote reference ID MRTSE8 when requesting it. The device is not a medical device and its CE marking does not cover any medical purpose.

The manufacturer reserves the right to modify the information contained in this manual, as well as the characteristics and components of the product, without prior notice. Some components may differ from the images shown.

16 WARRANTY AND TECHNICAL SERVICE

The device is supplied with the distributor's commercial warranty. The main unit and the textile set have different periods, because the suit is subject to wear inherent to continuous use in the cabin.

16.1 Scope and periods

ITEM	PERIOD	REMARKS
Main unit: control electronics, compressor, screen and structure	2 years	From the date of the purchase invoice
Body suit and air chambers	1 year	Garment subject to wear through use in the cabin
Air hoses and connectors	1 year	Replacement with original spare parts
Zips, straps and textile strips	Not covered	Wear items subject to periodic replacement
Disposable and hygienic material	Not covered	Consumable replaced in every session

The period runs from the date of the purchase invoice and covers the professional buyer named on it. This commercial warranty applies without prejudice to the rights granted to the buyer by the applicable legislation.

16.2 What is covered

- Manufacturing and material defects that prevent normal operation of the device.
- Failures of the control electronics, the compressor and the screen within the stated period.
- Air leaks in hoses, connectors and chambers attributable to an original defect.
- Labour and original spare parts required for the repair.
- Preliminary diagnosis and telephone assistance from the technical service.

16.3 What is not covered

- Normal wear of the suit, the zips and the fastening straps.
- Breakage, cuts, punctures or burns of the textile material caused during use.
- Damage arising from a mains voltage other than the one stated on the rating plate or from installations without earthing.
- Damage caused by impacts, falls, inadequate transport or storage in damp environments.
- Damage caused by liquids, cosmetics or disinfectants spilled onto the unit or introduced into the suit.
- Faults caused by handling, dismantling or repair carried out by unauthorised staff.

- Use of the device with accessories or spare parts that are not original.
- Non-professional use, use contrary to this manual or failure to observe the contraindications and the time and pressure guidelines.
- Cleaning and periodic maintenance work described in section 13.
- Cosmetic damage that does not affect the operation of the device.

CAUTION

Opening the housing, replacing internal components or any intervention carried out by unauthorised staff immediately voids the warranty. Replacing the fuse and the cleaning tasks described in section 13 are the only operations that are the user's responsibility.

16.4 How to report an incident

- 1 Stop the device, disconnect it from the mains and do not continue using it.
- 2 Check section 14 first: many incidents are resolved by checking the attachment of the connectors, the activation of the zone on screen or the inflation time of the channel.
- 3 Gather the serial number from the rating plate and the date and number of the purchase invoice.
- 4 Describe the fault in as much detail as possible: working mode, pressure level, when it appears and the behaviour observed.
- 5 Attach photographs or a short video of the problem and of the rating plate.
- 6 Contact the distributor's technical service by telephone, email or WhatsApp.
- 7 Keep the original packaging or an equivalent one: it is essential for safe transport if the unit has to be collected.
- 8 Do not send the device without having arranged collection with the technical service beforehand.

16.5 Distributor services

Sunmarket Wellness maintains its own technical service with original spare parts and supports the centre throughout the service life of the device:

- Telephone and WhatsApp assistance to resolve questions about operation and about fitting the suit.
- Training on the operation of the device, by telephone or at the distributor's premises, on request.
- Advice on commissioning the device at the centre.
- Original spare parts for the suit, hoses and connectors.
- Updates of this documentation.

16.6 Details of your device

Record the details of your device as soon as you receive it. The rating plate is on the main unit, and the serial number is the first item requested by the technical service.

Serial number	
Date of purchase	
Invoice number	
Distributor	
Technical service contact	

17 END OF SERVICE LIFE AND RECYCLING

At the end of its service life, the device and its accessories must be disposed of separately from other waste.

17.1 Main unit

- Do not place the unit in the household waste container or in the general commercial waste container.
- Take it to an authorised collection point for waste electrical and electronic equipment, or to the distributor when purchasing an equivalent device.
- Disconnect and remove the power cable before handing it over.
- Separate collection allows recoverable materials to be reused and prevents electronic components from entering the general waste stream.

17.2 Suit, packaging and accessories

- Separate the cardboard packaging and place it in the paper and cardboard container.
- Place the protective plastics in the appropriate container.
- The suit, hoses and connectors that are out of use are handled as non-recyclable waste, unless local legislation states otherwise.
- Disposable hygienic material is removed with the centre's general waste, according to its internal protocol.

NOTE

Always check the collection rules in force in your municipality: classification and delivery points may vary.

A ANNEX A · PRIOR ASSESSMENT FORM AND INFORMED CONSENT

This annex brings together in a single printable document the prior assessment of the user and their informed consent for aesthetic pressotherapy sessions. Complete and sign one copy before the first session and review the questionnaire at every new visit.

NOTE

Indicative model. Adapt it to the data and procedures of your centre and review it with your legal advisors before using it: Sunmarket Wellness does not provide legal advice and responsibility for the document finally used lies with the centre.

DETAILS OF THE CENTRE AND OF THE USER

Centre _____ Professional _____

Full name _____

Identity document _____ Date of birth _____

Telephone _____ Email _____

HEALTH QUESTIONNAIRE

Tick the appropriate box. The information provided is used solely to assess the suitability of the aesthetic session.

BLOCK A · SITUATIONS THAT PREVENT THE SESSION	YES	NO
Pregnancy or suspected pregnancy	☐	☐
Recent deep vein thrombosis, thrombophlebitis or phlebothrombosis	☐	☐
Pacemaker, defibrillator or other implanted electronic device	☐	☐
Epilepsy	☐	☐
Heart failure	☐	☐
Significant respiratory or renal insufficiency	☐	☐
Active oncological process	☐	☐
Fever, active infection or acute inflammation	☐	☐
Skin infection, open wound, burn or dermatitis in the working area	☐	☐
Lymphangitis	☐	☐

BLOCK A · SITUATIONS THAT PREVENT THE SESSION	YES	NO
Severe or tortuous varicose veins	☐	☐
Uncontrolled blood pressure	☐	☐
Circulatory problem not assessed by a health professional	☐	☐
Person under 18 years of age	☐	☐

DANGER

A single affirmative answer in block A prevents the session from being carried out. Do not apply the treatment while the situation persists and refer the user to their healthcare professional.

BLOCK B · SITUATIONS REQUIRING INDIVIDUAL ASSESSMENT	YES	NO
Ongoing medical treatment or open diagnostic process	☐	☐
Diabetes with neuropathy or altered sensitivity	☐	☐
Altered skin sensitivity	☐	☐
Very thin, hypersensitive skin or significant capillary fragility	☐	☐
Recent surgery without definitive medical discharge	☐	☐
Abdominal or inguinal hernia	☐	☐
Low blood pressure	☐	☐
Menstruation, if abdominal work is planned	☐	☐
Advanced age with associated circulatory conditions	☐	☐
Tendency to bruising or to marking easily	☐	☐

An affirmative answer in block B does not necessarily prevent the session, but it requires individual assessment, pressure level 1, reduced times, continuous supervision and, where appropriate, prior written medical authorisation.

PLANNED SESSION CONFIGURATION

- ☐ Zone 1 · legs
- ☐ Zone 2 · thighs, hips and buttocks
- ☐ Zones 3 and 4 · abdomen and waist
- ☐ Excluded channels, if any:
- ☐ Planned working mode and pressure level:

DECLARATION AND CONSENT

The user declares and accepts the following:

1. They have been informed that the treatment has a strictly aesthetic and wellbeing purpose, that it does not constitute a medical act and that it does not replace any healthcare assessment, diagnosis or treatment.
2. They have had aesthetic pressotherapy explained to them, along with the normal sensation during the session: a progressive, rhythmic compression of the air chambers on the areas covered by the suit.
3. They have been informed that transient reactions may appear, such as mild redness, marks from the textile or the seams of the suit and a feeling of lightness or tiredness at the end.
4. They declare that the information given in the questionnaire is truthful and complete and that they have not omitted any circumstance relevant to their safety.
5. They undertake to report any change in their health, treatment or medication before each new session.
6. They undertake to inform the professional immediately of any pain, discomfort, excessive pressure sensation or any other unpleasant sensation during the session.
7. They understand that results are variable, that they depend on individual factors, on the number of sessions and on personal habits, and that no specific result or reduction in measurements has been guaranteed.
8. They have had the opportunity to ask questions and have received an answer to all of them before signing.
9. They freely consent to the application of the treatment and know that they may withdraw consent at any time, without needing to justify it and without this affecting their relationship with the centre.
10. In case of doubt about their health, they undertake to provide prior written medical authorisation before receiving the session.

DATA PROTECTION INFORMATION

Data controller: the centre indicated in the heading. Purpose: to manage the provision of the aesthetic service, to assess the suitability of the sessions and to maintain the treatment history. Legal basis: the user's consent and the performance of the service relationship. Retention: for the duration of the relationship with the centre and, thereafter, for the periods legally required. Recipients: data are not transferred to third parties except where legally required. Rights: access, rectification, erasure, restriction, objection and portability, by writing to the centre; a complaint may also be lodged with the competent supervisory authority.

Signature of the user

Signature of the professional

Date

Record every session as soon as it ends. The history makes it possible to adjust the parameters of the next visit, evidences the follow-up carried out and documents any incident.

Centre	Professional
1. Centre 2. Centre 3. Centre 4. Centre 5. Centre 6. Centre 7. Centre 8. Centre 9. Centre 10. Centre 11. Centre 12. Centre 13. Centre 14. Centre 15. Centre 16. Centre 17. Centre 18. Centre 19. Centre 20. Centre 21. Centre 22. Centre 23. Centre 24. Centre 25. Centre 26. Centre 27. Centre 28. Centre 29. Centre 30. Centre 31. Centre 32. Centre 33. Centre 34. Centre 35. Centre 36. Centre 37. Centre 38. Centre 39. Centre 40. Centre 41. Centre 42. Centre 43. Centre 44. Centre 45. Centre 46. Centre 47. Centre 48. Centre 49. Centre 50. Centre 51. Centre 52. Centre 53. Centre 54. Centre 55. Centre 56. Centre 57. Centre 58. Centre 59. Centre 60. Centre 61. Centre 62. Centre 63. Centre 64. Centre 65. Centre 66. Centre 67. Centre 68. Centre 69. Centre 70. Centre 71. Centre 72. Centre 73. Centre 74. Centre 75. Centre 76. Centre 77. Centre 78. Centre 79. Centre 80. Centre 81. Centre 82. Centre 83. Centre 84. Centre 85. Centre 86. Centre 87. Centre 88. Centre 89. Centre 90. Centre 91. Centre 92. Centre 93. Centre 94. Centre 95. Centre 96. Centre 97. Centre 98. Centre 99. Centre 100. Centre	1. Professional 2. Professional 3. Professional 4. Professional 5. Professional 6. Professional 7. Professional 8. Professional 9. Professional 10. Professional 11. Professional 12. Professional 13. Professional 14. Professional 15. Professional 16. Professional 17. Professional 18. Professional 19. Professional 20. Professional 21. Professional 22. Professional 23. Professional 24. Professional 25. Professional 26. Professional 27. Professional 28. Professional 29. Professional 30. Professional 31. Professional 32. Professional 33. Professional 34. Professional 35. Professional 36. Professional 37. Professional 38. Professional 39. Professional 40. Professional 41. Professional 42. Professional 43. Professional 44. Professional 45. Professional 46. Professional 47. Professional 48. Professional 49. Professional 50. Professional 51. Professional 52. Professional 53. Professional 54. Professional 55. Professional 56. Professional 57. Professional 58. Professional 59. Professional 60. Professional 61. Professional 62. Professional 63. Professional 64. Professional 65. Professional 66. Professional 67. Professional 68. Professional 69. Professional 70. Professional 71. Professional 72. Professional 73. Professional 74. Professional 75. Professional 76. Professional 77. Professional 78. Professional 79. Professional 80. Professional 81. Professional 82. Professional 83. Professional 84. Professional 85. Professional 86. Professional 87. Professional 88. Professional 89. Professional 90. Professional 91. Professional 92. Professional 93. Professional 94. Professional 95. Professional 96. Professional 97. Professional 98. Professional 99. Professional 100. Professional

[illegible]

Keep this log together with the prior assessment form of each user and update it at every visit.

C ANNEX C · QUICK CABIN GUIDE

Operational summary to keep next to the device. It does not replace reading the full manual.

Before starting	Prior assessment form signed and reviewed · hygienic bags and disposable trousers for each person
Assembly	Two round connectors attached with the position guide and the nut secured
Start-up	Cable to an earthed socket · rear switch · power button · working screen
Zones	Shortcuts 1, 2 and 3+4 · zones 3 and 4 are always activated together
Channels	Numbering 1 to 12 on screen · 9=13, 10=14, 11=15 and 12=16 · a channel set to 00 is closed
Modes	A combined · B channel by channel · C in pairs · D build-up and drag · E full build-up · F and G dual path · H all at once
Pressure	Level 1: 75 mmHg · level 2: 150 mmHg · level 3: 225 mmHg · always start at level 1
Times	Session of 10 to 60 minutes · inflation per channel of 0 to 18 seconds in steps of 3 · default value 10 seconds
Changing mode	Pause the cycle before selecting another mode
During the session	Constant communication · never unsupervised · stop at any discomfort
Full session	30 to 45 minutes usually · 2 or 3 sessions per week on alternate days
At the end	Stop the cycle · wait for complete emptying · open the suit · clean and disinfect
Fuse	Next to the power socket at the rear · replace only with another of the same characteristics and with the device unplugged

DANGER

In the event of a burning smell, abnormal noises, moisture in the device or visible damage: stop the cycle, disconnect the device from the mains and contact the technical service. Do not open the housing.

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PresoFit **Pro**

PRESOFIT PRO · IDMRTSE8

Professional pressotherapy device for aesthetics and wellbeing. For use by trained staff only.

D I S T R I B U T O R

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